

## Twin<sup>™</sup> Shoes | What To Expect From Therapeutic Usage

Depending on the starting condition of the foot and usage of the horse, use of Twin™ Shoes typically results in noticeable improvement for a range of symptoms and pathologies within the first 1 to 90 days, with ongoing improvement occurring over the next 180 to 240 days.

Every horse is unique, but for horses that have been previously shod with traditional onepiece shoes and that are now using Twin Shoes for the first time, you can likely expect:

Weeks 1 - 2	First Cycle	<ul> <li>As the horse becomes more comfortable in its Twin Shoes, it will be adjusting to the more natural feel and movement of its feet:</li> <li>The horse may look like it is searching on how to place its feet in a correct/balanced way based on the new sensory input he is receiving</li> <li>Hoof capsule relaxation often takes place within a couple of days, as evidenced by the widening of the toe gap where the shoe was split</li> <li>A more natural and balanced landing, loading, and push-off pattern may be seen, resulting in less stress on the joints, ligaments and tendons</li> </ul>
Weeks 3 - 12	Cycles 2 - 3	<ul> <li>The gait of the horse may improve significantly (if problems were initially present):</li> <li>Pre-existing short-stridedness, mild gait irregularity and certain lameness issues will likely diminish as evidenced by longer stride length, more freedom in the shoulders, and reduced lameness</li> <li>Hoof characteristics will rapidly change and improve:</li> <li>Hoof growth rate will increase and the coronet band will start to settle down</li> <li>From the coronet band downward you will notice a healthier hoof wall. However, as old, weaker and flared hoof walls grow out, some branch loss may be experienced. To avoid branch loss during this phase, we recommend shorter shoeing intervals (every 4 weeks) instead of the standard 6-week shoeing interval.</li> </ul>
Weeks	Cycles	Continuous improvement will be noticed in gait quality, lameness (if
12 - 34	3 - 6	any), as well as hoof quality, shape and balance
		Most hoof health parameters will start stabilizing by now:
Weeks	After 6	• Generally, the toe gap will not widen more than a ¼ inch (6mm)
34 -	Cycles	during the standard 6-week shoeing intervals
		<ul> <li>Ongoing but slower improvement may still be seen during this period</li> </ul>

Returning to traditional shoes will result in the gradual loss of the improvements gained from the use of Twin Shoes.

To help ensure improvements in hoof quality, comfort level, and performance, it is essential that optimal functioning and stability of the shoe on the hoof is achieved through correct application of  $\mathsf{Twin}^\mathsf{TM}$  Shoes. See BartekEquine.com/Farrier for more details or scan the QR code.

